

My [Energy work](#) is a body-centered experience of co-creating the life you deeply desire. Together we connect with the unseen world of feelings, spirit, and relationship energetics (the felt connections and interactions between beings). As a body and mind intuitive, I feel into and address the root of any problem. Once that is identified, we will unwind and rewire your system into an alignment that is succinct with your soul.

My paintings often create a feeling of space. I love open space. Space to run around and flap your arms, or just space to look out and breathe deep. This space feels expansive and unlimited. Freedom exists here. Energetically we will create that same sense of freedom in your body, and then in your life. It's the freedom to choose how you truly want to show up and live. It's my joy to co-create new horizons with your body and soul.

Find out more www.KatieToddEnergy.com

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